



HAZLEHEAD SCHOOL
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HEAD TEACHER: MRS. JONES

“When you believe in yourself, anything is possible.”



Friday 26th February 2021

“One small positive thought in the morning can change your whole day.”

SCHOOL NEWSLETTER

RETURN TO SCHOOL

As we end our first week of having part of our pupil population back in school all I can say it is so wonderful to have our youngest learners back at Hazelhead! I have been so impressed by the way that our nursery – P3 pupils have returned after 6 weeks home learning, easing back quickly into school life once more.

Many thanks to all our parents for supporting the return phase by following the protocols as this really matters.

Please can I remind all parents the importance of social distancing and leaving the school grounds promptly after drop off/pick up. We are now on a short countdown until P4 – P7 pupils return to us hopefully on Monday 15th March.



AMAZING ARTISTS

Throughout the home learning period, Mrs. Fisher has been setting art challenges for the pupils to complete across the school. She has put together a slideshow to share the amazing pieces our pupils have created. We certainly have lots of talent at Hazelhead! [Our Art Challenges](#)

OUR HISTORICAL WORLD

For the first part of this term, all classes were studying an aspect of Scottish history as part of their cross-curricular learning. As part of this learning, all pupils were given the opportunity to consider a big question, 'What does my heritage mean to me?'. This is the part of the learning where pupils use the knowledge, understanding and skills that they have learned in the cross-curricular and apply it to a new piece of learning. The pupils are given complete control to answer the question in any way that they would like to encourage personalisation and choice. This is what we refer to as Interdisciplinary Learning. I have been hugely impressed by the responses we have received and amazed at the variety of ways that the pupils have shared what their heritage means to them. I have learned so much about our families and the rich, diverse backgrounds of our pupils. It really truly inspiring. We are now working as a whole staff to pull together all the submissions so that we can share them with our families.

For the remainder of this term, we will now move onto Our Scientific World. We will share contexts and the IDL big question in next week's newsletter.

FITNESS FRIDAY

Please see below the Fitness Friday challenge set by Mr. Andersen. Good luck!

Fitness Friday

Racket Skills

It's Friday. Why not have a racket! Racket sports are great fun and we invite you to go outside and show off some of your skills.

Have a look at the video for some ideas.

- Balloon keepy up
- Balance ball
- Keepy-Up
- Wall challenge
- Rally
- Match!



Racket Sports are great for improving your coordination, balance and movement!

Take a photo of your participation and send it to your teacher. **HAVE FUN!**



PLAY TODAY!

26/02/2021
or organise a fun game with your family at the weekend!

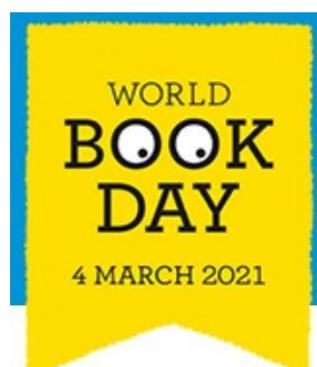


Don't have a racket?
You can use a book or another object with a hard, flat surface. You can have a makeshift ball. Balloons are great fun too!



WORLD BOOK DAY

Thursday 4th March will mark this year's World Book Day. To celebrate, we will be organising a range of different activities starting off with a World Book Day assembly on Wednesday 3rd March. Please see your child's Google Classroom for more information.



HEALTH & WELLBEING: FAMILY FEATURE



Kindness Part 2



Emma Powell
Educational Psychologist
Aberdeen City Council

I had some lovely responses last week to our topic of 'Kindness', thank-you.

We discussed different ways that engaging in acts of kindness helps us and our wellbeing, and how our children observing us being kind helps their wellbeing too!

What we didn't really mention is what it means to those we have been kind to. It was my birthday last week, and all the little notes and messages and cards I got, meant just as much to me as the lovely gifts. When someone is kind to us, we feel valued, we feel cared for, we feel special. When we receive even little acts of kindness our day, weekend or week can be transformed.

There is a whole scale of kindness activities. People often think that the more extravagant or generous the kindness, the most impact or the better it is. But actually, it is the most thoughtful acts of kindness that have the most impact. This means reaching out to someone when they are most vulnerable or afraid. Stepping outside of your own comfort zone, and going out of your way to be kind to someone. But the truth of the matter is, no matter how small or easy the act of kindness is, it has an important and positive impact.

What types of kindness gestures could you do as a family? Some easy things can be asking your neighbours if they need shopping or items if you are already going to the shop. It can mean buying an extra packet or tin of something at the supermarket and placing it in the foodbank box they have by their door. It could mean baking or making something with your children, and dropping some of it off at the door of a neighbour, friend, colleague or family member. It could mean carrying a neighbour's shopping up the stairs for them. Or clearing the snow off of a neighbour's path. Your child offering to wash the neighbour's car when they wash yours.... Walking the dog of a friend or neighbour. Perhaps when you are getting a takeaway coffee at the park, you can say to the member of staff you'd like to pay for an extra coffee, for the person behind you in the queue. Kindness can be as simple as stopping the car to let a cyclist or pedestrian cross the road in the rain. Perhaps your children haven't been good at writing thank-you cards this past Christmas, it is never too late! Get them to draw a pretty picture, or hand write a note, or create something on the computer. And post it to someone to brighten their day. The more you do and model to your children, the more they will want to be part of it.

The Doing Good Together organisation has a 30 day challenge for families <https://www.doinggoodtogether.org/bhf/30daykindnesschallenge/> (it is American, so you might need to adjust some of their suggestions slightly!).

Think about your community and the stresses and strains everyone is under currently. Who needs some kindness, who do you want your children to be kind towards? Make some suggestions for ways they can be kind to their teachers, the NHS, people in care homes or working in the supermarket. An expression of thanks can go a long way.....