



HAZLEHEAD SCHOOL
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“When you believe in yourself, anything is possible.”



Friday 5th March 2021

“Spring is a lovely reminder of how beautiful change can truly be.”

SCHOOL NEWSLETTER

RETURN TO SCHOOL

We are very much looking forward to welcoming our P4 – P7 pupils back on Monday 15th March. We will be finalising all preparations next week. All parents of P4-P7 pupils will have received a letter outlining the return to school procedures for Monday with an updated risk assessment also attached. In general, the procedures are similar to how the school has operated from August 2020 which I hope has given our families reassurance that there will not be too many big changes. Staff will discuss the return to school next week in the class Google Meet which will hopefully allay any worries that your child may have and I am sure they are looking forward to seeing their teacher and their friends again! It will certainly be fantastic for us to have all our learners back where they belong!

OUR SCIENTIFIC WORLD

For the remainder of this term, all classes will be studying a scientific context for their cross-curricular learning. The main theme of these topics is about conservation and protecting our planet.

CLASS	SCIENTIFIC CONTEXT
P1P, P1S, P1/2 & P2	Is plastic fantastic?
P3M & P3C/H	Green Scotland
P4T & P4W	Innovative Industry
P5B & P5M	What next for nature?
P6, P6/7 & P7	Our wonderful world

Over the course of the forthcoming weeks, the pupils will be developing specific knowledge, understanding and skills in order to answer an overarching big question,

‘How can we look after our planet?’.

This is the aspect we refer to as Interdisciplinary Learning when pupils are giving control and responsibility to answer this big question in any way they choose.



A groupcall was sent out last week asking if any parents who have a background in science if they could support our contexts. Many thanks to the parents who have already contacted the school to offer their support. Any further offers of support is most welcome.

PARENT COUNCIL PIZZA EVENING FUNDRAISER

Many thanks to all our families for taking part in the Pizza night. This was a very creative fundraiser for the school given the restrictions we are operating within. I hope all our families who participated in the event. It raised £339.96. A big well done to everyone!



FITNESS FRIDAY

A big thank you to Myles Edward for setting this week's Fitness Friday Challenge. You can watch the video link here. [Fitness Friday](#)

Hazlehead Fitness Friday

5/3/2021

How many of you can run?

Has anyone ever wanted to run faster?

How fast?

As fast as Usain Bolt? As fast as Sonic ?

As fast as Myles Edwards?



Myles Edwards is a parent and great friend of Hazlehead School, he can run very fast and would give sonic a run for his money! Myles has an idea that might help you to run a little faster. Have a listen.



Hazlehead 500m Track is a great place to try this out 5 x 200m with 1 minute rest between.

Have a go ...you never know how fast you could be! You could be the next Usain Bolt!

Please send in your pictures to your teacher or Mrs Jones. Please invite your family to have a go also, if they can.

I know your teachers will be having a go.

You can also tag us on Twitter @hazleheadscool

I wish you all a restful weekend and look forward to this time next week when we are preparing to have our whole school together again.

Barbara Jones 😊

HEALTH & WELLBEING: FAMILY FEATURE



CHANGE



Emma Powell
Educational Psychologist
Aberdeen City Council

I know some of you have your children already back in school. But all Hazlehead School pupils will be back from the 15th (barring any last minute changes from Scot Gov).

Speaking to teachers and SLT, I know how delighted they are to have the infants back already, and very excited to have the school full and teaching returning to in-person again. Parents I have spoken to are relieved, and looking forward to a sense of normalcy amongst the continuing lockdown. But I know that some of you, parents and pupils alike, might be a little anxious about the change to your current way of life. There are some pages here that deal with anxiety on our EPS digital learning hub Educational Psychology Service Hub - Anxiety ([google.com](https://sites.google.com/ab-ed.org/educational-psychology-service/parents/carers/supporting-transitions#h.dhpglmkw9csi)). Including some lovely colouring activities and links to stories and further resources if you need them.

If you or your child has specific worries about returning to school, and bubbles and covid safety there are a range of resources available on our EPS hub that can help, <https://sites.google.com/ab-ed.org/educational-psychology-service/parents/carers/supporting-transitions#h.dhpglmkw9csi> these pages have stories you can read together and talks about how school will be the same even if a little different, and it is okay to have some worries.

You've got a week together before school returns. Now is a good time to get into the healthy routines for school. If you haven't been able to stick to healthy sleep routines. Now is the time to reintroduce these back into your home. Remember how powerful it is to model these behaviours to your children too. If you have a set bed time and have health habits such as reducing your screen time before bed, and they observe you doing this, it will help them too. Organise your own and their

clothes for the following morning the night before. Have a set time to get up in the mornings, ready for the school start times returning again. Have a breakfast each morning and the night before prepare a packed lunch ready for the next day. If you can get these routines running before school starts again, your life will be much easier. What other routines help your household run smoother when school is back?

Include your child in planning? Ask them what helps them feel ready to go to school? What helps them feel ready to learn and pay attention? The more independence you can build into your child's routines the better. If they can take ownership (under your supervision) of getting their clothes ready, or even fixing their own lunch, the more independent and confident they will be in school!

But also remember, do have some fun this last week. Make life easy for returning to school, but take some time to do the fun things you know you will all miss when the children return to school. Have a lovely week together.